

CRM LESSON PLAN REPORT
ADMINISTRATIVE BASIC COMBATIVES
071-FRGAA001 / 02.0 ©

Approved
30 Apr 2018

Effective Date: 30 Apr 2018

SCOPE:

During this period of instruction, students will conduct Administrative actions. The student must meet all prerequisites to enroll in the course and meet all Outcomes to be considered a graduate of the Basic Combative Course. The Learning / Step Activities associated with this course are: In-processing, Out-processing, After Action Review, and Graduation.

Distribution Restriction: Approved for public release; distribution is unlimited.

Destruction Notice: None

Foreign Disclosure: FD1 - This training product has been reviewed by the training developers in coordination with the G2, MCoE, and Fort Benning GA 31905 foreign disclosure officer. This training product can be used to instruct international military students from all approved countries without restrictions.

SECTION I. ADMINISTRATIVE DATA

All Course
Masters/POIs
Including This
Lesson

Courses

<u>Course Number</u>	<u>Version</u>	<u>Title</u>	<u>Phase</u>	<u>Status</u>
None				

POIs

<u>POI Number</u>	<u>Version</u>	<u>Title</u>	<u>Phase</u>	<u>Status</u>
9E-F10/950-F6 (MC)	02.0 ©	Basic Combatives	0	Analysis

Task(s)
Taught(*) or
Supported

<u>Task Number</u>	<u>Task Title</u>	<u>Status</u>
--------------------	-------------------	---------------

Reinforced
Task(s)

<u>Task Number</u>	<u>Task Title</u>	<u>Status</u>
--------------------	-------------------	---------------

Knowledge

<u>Knowledge Id</u>	<u>Title</u>	<u>Taught</u>	<u>Required</u>
071-CMD-0045	Interpersonal Relations	No	Yes
071-COM-0011	Team Building	No	Yes
K26801	Warrior Ethos	No	Yes

Skill

<u>Skill Id</u>	<u>Title</u>	<u>Taught</u>	<u>Required</u>
805P-S-0115	Follow Army regulatory guidance	No	Yes
071-CMD-0023	Instill Discipline	No	Yes
S1494	Navigate the Army Combat Readiness/Safety Center (USACRC) website	No	Yes

Administrative/
Academic
Hours

The administrative/academic (50 min) hours required to teach this lesson are as follows:

<u>Academic</u>	<u>Resident Hours / Methods</u>		
No	0 hrs	30 mins	ELM - Apply
No	1 hr	0 mins	Interviewing
No	1 hr	20 mins	Reflective Discussion
No	0 hrs	20 mins	Discussion (Small or Large Group)
No	1 hr	0 mins	ELM - Publish and Process
<hr/>			
Total Hours(50 min):	4 hrs	20 mins	

Instructor
Action
Hours

The instructor action (60 min) hours required to teach this lesson are as follows:

<u>Hours/Actions</u>		
0 hrs	10 mins	Classroom Breakdown
0 hrs	10 mins	Classroom Setup
0 hrs	50 mins	Course AAR
0 hrs	30 mins	Graduation Prep
0 hrs	50 mins	In Processing
0 hrs	30 mins	Out Processing
<hr/>		
Total Hours (60 min):	3 hrs	0 mins

Test Lesson(s)**Hours****Lesson Number Version****Lesson Title**

None

Prerequisite Lesson(s)**Hours****Lesson Number Version****Lesson Title**

3 hrs

5 mins

071-FHGAA001 Version 1.1

Non-Academic Subjects for Combatives Course

Training Material Classification

Security Level: This course/lesson will present information that has a Security Classification of: FOUO – For Official Use Only.

Foreign Disclosure Restrictions

FD1. This training product has been reviewed by the training developers in coordination with the G2, MCoE, and Fort Benning GA 31905 foreign disclosure officer. This training product can be used to instruct international military students from all approved countries without restrictions.

References

<u>Number</u>	<u>Title</u>	<u>Date</u>
AR 350-1	ARMY TRAINING AND LEADER DEVELOPMENT	10 Dec 2017
ATP 3-34.5	Environmental Considerations	10 Aug 2015
ATP 5-19 (Change 001 09/08/2014 78 Pages)	RISK MANAGEMENT	14 Apr 2014
TC 3-25.150	Combatives	31 Mar 2017
TC 3-34.489	The Soldier and the Environment.	08 May 2001

Student Study Assignment

Student Study Assignments defined:

1. Study...Master the details of the subject and fix them in your mind through application of the study process (survey, question, read, review, and recite). Prepare to test on the subject (orally, written, and/or performance).

2. Read...Be proficient in the subject for discussion in the classroom. Prepare to take one or more practical exercises on the subject (orally, written, and/or performance).

3. Scan...Be familiar with the topic(s). Read the topic sentence of each paragraph. Prepare to participate in checks on learning during classroom discussion (orally, written, and/or performance).

4. Review...Review is used for material previously discussed in class. Review all notes, Advance Sheets, and any material related to the class as applicable.

Students will read the Individual Student Assessment Plan (ISAP) and understand the graduation requirements.

Instructor Requirements

1. Must meet the General Instructor Criteria or receive an exception to policy.
2. Completion of the Common Faculty Development Program-Instructor Course (CFDP-IC).

Support Personnel Requirements

Support personnel must be licensed or certified in accordance with Ft. Benning regulations to operate all equipment and facilities required for this lesson plan.

**Additional
Support
Personnel
Requirements**

<u>Name</u>	<u>Student Ratio</u>	<u>Qty</u>	<u>Man Hours</u>
None			

**Equipment
Required
for Instruction**

<u>ID - Name</u>	<u>Student Ratio</u>	<u>Instructor Ratio</u>	<u>Spt</u>	<u>Qty</u>	<u>Exp</u>
4110-01-485-3548 - Chest, Ice Storage, White, 162 Quart Capacity Remarks:	1:36	0:0	No	0	No
4120-01-481-6048 - Cooler, Air, Evaporative Remarks:	2:36	0:0	No	0	No
4470-01-359-2799 - 1050 Notebook, Special Remarks:	1:36	0:0	No	0	No
6530-01-380-7309 - Litter, Folding, Rigid Pole 91.60 Inches Remarks:	2:36	0:0	No	0	No
6530-01-464-4424 - Pad, Cooling, Chemical, Instant, Non-Toxic, Non-Caustic, 5 X 8 Inch Remarks:	3:36	0:0	No	0	No
6545-01-572-9963 - Medical Equipment Set Combat Lifesaver Remarks:	2:36	0:0	No	0	No
6645-00-126-0286 - Stopwatch Remarks:	0:0	0:0	No	4	No
6685-01-590-1047 - Monitor, Heat Stress: Questemp 44 Remarks:	2:36	0:0	No	0	No
6730-01-484-2886 - SCREEN, PROJECTION Remarks:	1:36	0:0	No	0	No
6730-01-C15-8387 - Projector Overhead, Portable TY SZ STY : PT-F200U Panasonic Remarks:	1:36	0:0	No	0	No
6910-01-C05-2267 - Mat, Floor: Zebra Mats Z700 Remarks:	400:36	0:0	No	0	No
6910-01-C05-3780 - Interval Timer, High Intensity: Pit Ring Remarks:	0:0	0:0	No	2	No
7210-00-081-1417 - Sheet, Bed Cotton White Remarks:	12:36	0:0	No	0	No
7250-00-089-3827 - Can, Military Remarks:	1:6	0:0	No	0	No
7330-00-781-3859 - Jug, Insulated, 5 Gallon Remarks:	1:9	0:0	Yes	6	No
7730-01-C91-4112 - Television LED HDTV, 26LD350, LG Electronics U.S.A. Inc. Remarks:	1:36	0:0	No	0	No
8960-01-430-4378 - Ice, 8 Pounds Remarks:	6:36	0:0	No	0	Yes

(Note: Asterisk before ID indicates a TADSS.)

**Materials
Required**

Instructor Materials:

Lesson Plan, PowerPoint slides of content, Practical Exercise, Student Handouts as needed, visitor's folder, white board, dry erase markers, and references listed in the References section of this lesson plan.

Student Materials:

Lesson Plan, PowerPoint slides of content, Student Handouts as needed, and references listed in the References section of this lesson plan.

**Classroom,
Training Area,
and Range
Requirements**

<u>ID - Name</u>	<u>Quantity</u>	<u>Student Ratio</u>	<u>Setup Mins</u>	<u>Cleanup Mins</u>
17120-108630-36 General Instruction Building, 108630 Square Foot, 36 Persons Remarks: Building 933 Main Post Fort Benning GA.	1	0:0	15	15
17136BEL3-36 CRXXIB-EL3: Classroom XXI Automation-Aided Instructional Building Advanced Technology-Enhanced Level 3, 36 Persons Remarks: Building 933 Main Post Fort Benning GA	1	0:0	10	10
85210-3700 Organizational Vehicle Parking, Paved, 3700 Square Yard Remarks: Parking used by Students, Instructors and Visitors.	1	0:0	0	10

**Ammunition
Requirements**

<u>DODIC - Name</u>	<u>Exp</u>	<u>Student Ratio</u>	<u>Instruct Ratio</u>	<u>Spt Qty</u>
None				

NOTE: Before presenting this lesson, instructors must thoroughly prepare by studying this lesson and identified reference material.

NOTE: Before presenting this lesson, instructors must thoroughly prepare by studying this lesson and identified reference material.

Instructor will utilize the current OE, CALL Lessons Learned/ OIL to draw interest and apply relevance during their Instructional Lead in and to solicit feedback/ draw upon Soldiers' experiences. <http://call.army.mil>

Instructor SA: Be alert to getting focused on details at the expense of the outcome. P2P and Practical Exercises will be delivered through the problem solving format of expose, explore, construct, and apply.

This Lesson Supports the Course Learning Outcome:

1. Demonstrate the ability to gain a dominant position
2. Demonstrate the ability to finish the fight
3. Apply Basic Combatives Movements and Techniques

This lesson supports the following General Learning Outcome:

1. Soldiers and Civilians proficient in leader attributes and competencies.
2. Soldier and Civilians proficient in character, competence, and commitment as trusted Army Professionals.
3. Soldier and Civilians demonstrate proficiency in mission command philosophy.
4. Soldier and Civilians demonstrate proficiency in cultural awareness, cross cultural competencies in the strategic environment of 2025 and beyond.
5. Soldier and Civilians pursue Comprehensive Fitness/ Resiliency Skills and Performance Enhancement Skills.
6. Soldier and Civilians support Army Policies, programs, and processes.
7. Soldier and Civilians are technically and tactically competent.

NOTE: Instructors are not limited to the skills and attributes that are the focus of this lesson plan. As the Soldiers explore, construct, and apply other skills and attributes may become dominant. You must adapt to the learning experience and assess accordingly.

Consideration during Facilitations:

Keys to facilitation

A. Create action in the classroom

1. Avoid lecturing
2. Engage students in learning through activities

B. The classroom layout sets the tone

1. What layout is best for the desired setting?
 - a. Group work: tables and semi-private or secluded workspaces
 - b. Take focus off of the instructor and placed on the group but still allowing interaction with the instructor

C. Create expectation in students that they will participate in learning

1. This is difficult if students have been conditioned to be passive learners
 - a. Be patient and provide guidance and positive reinforcement
 - i. As students succeed they will change their expectations

ii. Some will continue to want to be passive learners despite your best efforts – do not be discouraged, eventually they may participate or other students may influence them to participate

Tips for facilitating discussion:

1. Get all of the students involved
 - a. Use small groups discussing the same idea to include all students
 - b. Inattentive students should be redirected back to the group
 - c. Move the discussion around the class
2. You don't have to comment on each person's contribution
3. Paraphrase: check your understanding and the students
4. Redirect an inaccurate or incorrect statement to the class for correction
5. Elaborate – suggest a new way, even when the student seems to have answered the question correctly
6. Energize – quicken your responses, use appropriate humor
7. Disagree (gently) or play devil's advocate
8. Mediate differences in opinion
 - a. Mediation is a balancing act; try to keep the discussion going without interjecting yourself as the authority
 - b. Encourage students to back up their statements with facts
 - c. Remind everyone to respect differing opinions
9. Pull together ideas
10. Allow students to summarize what occurred in the discussion group
11. Provide follow-up information for additional study or reading

**Proponent Lesson
Plan Approvals**

<u>Name</u>	<u>Rank</u>	<u>Position</u>	<u>Date</u>
Mark Fariello	Not available	Approver	30 Apr 2018

SECTION II. INTRODUCTION

Method of Instruction: Discussion (Small or Large Group)
Mode of Delivery: Resident Instruction
Instr Type (I:S Ratio): Military - ICH (1:36)
Time of Instruction: 20 mins

Motivator

Instructor will facilitate a brief Soldiers' discussion on the lesson plan motivator. A motivator can be in the form of a discussion, short demonstration, or video that should:

1. Provide relevance and significance to the lesson.
2. Gain Soldier's interest and focus the Soldier's on what they are to learn.
3. Explain why the Soldier's need to perform the learning objective and the consequences of nonperformance.
4. Explain the actual job or battlefield conditions that make mastering the terminal learning objective essential for the Soldiers.
5. Cadre will utilize OE, CALL Lesson Learned/OIL to draw interest and apply relevance.

Terminal Learning Objective

NOTE. Inform the students of the following Terminal Learning Objective requirements.

At the completion of this lesson, you [the student] will:

Action:	Conduct administrative actions.
Conditions:	In a classroom environment, given the necessary documents and writing utensils complete the in-processing and out-processing paper work. Participate in the After Action Review providing positive feedback and participate the graduation.
Standards:	You the student will complete all prerequisites for attendance by in-processing, conduct an after action review providing feedback for future changes within the course, complete out-processing to ensure individual students reflect the correct training and participate in graduation upon successful completion of course requirements.
Learning Domain - Level:	Affective - Organizing
No JPME Learning Areas Supported:	None

Safety Requirements

Classroom:

1. There are no special safety considerations for this lesson. Instructors will use the facility Standing Operation Procedure (SOP) to provide a safety brief as part of the introduction. Soldiers will react to any emergency situation In Accordance With (IAW) the facility SOP.
2. In the event of a fire, Soldiers will exit the classroom in an orderly manner (last one out closes the door); meet at the location the Primary Instructor has designated; class leader will hold an accountability formation and report his findings to Primary Instructor.
3. In the event of severe weather or tornado, Soldiers will exit the classroom in an orderly manner; move to the location the Primary Instructor has designated (basement or center of building); class leader will hold an accountability formation and report his findings to Primary

Instructor.

Field:

1. Soldiers will be given a safety brief. Seasonal conditions affecting weather, daylight, and night will affect maneuver and Training.
2. Risk assessment level will be determined by the Instructor in the field IAW applicable MCoE Policies and the approved DD Form 2977 (Deliberate Risk Assessment Worksheet) SEP 2014.
3. Senior Instructor will conduct a daily risk assessment IOT identify changed conditions.

Risk Assessment Level

Low - The operations officer, in cooperation with the principal instructor, will prepare a risk assessment using the before, during, and after checklist and the risk assessment matrixes contained in Risk Management FM 5-19

Assessment: None

Controls: None

Leader Actions: None

Environmental Considerations

NOTE: Instructor should conduct a risk assessment to include environmental considerations IAW the current environmental considerations publication, and ensure students are briefed on hazards and control measures.

NOTE: Instructor should conduct a Risk Assessment to include Environmental Considerations

IAW FM 3-34.5, Environmental Considerations {MCRP 4-11B}, and ensure students are briefed on hazards and control measures.

Based on its commitment to environmental protection, the Army will conduct its operations in ways that minimize environmental impacts. It is the responsibility of all Soldiers, DA civilians and Government Contractors to protect the environment from damage.

Instructional Lead-in

Instructor will facilitate a brief Soldiers' discussion on the lesson plan instructional lead-in. This statement should tie the TLO to previous learning or Soldiers' experiences and lead into the actual presentation.

- Describe the background of the lesson. This is a narrative description of the stage setting for the situation, scenario, or activity you are using to create a learning opportunity. In some cases this is linkages to earlier lessons or interactions.

- Describe the flow of events in big blocks (don't get too much detail yet). This should include such things as: introduction, problem/mission/task, practice, discussion, new problem, practice, discussion, review. The key here is to describe both the actions of the students and what the guide is doing.

- Activate Background Knowledge by questioning Soldiers on task being trained.

*Comments for Combatives Lead in:

1. The instructor will verify the classrooms, ranges and/or training areas have been scheduled.

2. The instructor will ensure all training materials, equipment is available and operational. Ensure that there is adequate space between Soldiers during all practical work (i.e., allow at least an 8-square-foot training space for each Soldier).
3. The instructor will set-up the classroom, range and/or training area at a minimum of 30 minutes prior to the start of training.
4. Instructor will identify the technique to present and paraphrase the instructional lead-in.
5. Two demonstrators (Combatives Master Trainers or Tactical Combatives Instructor qualified) will perform the technique at combat speed.
6. The instructor will then talk the demonstrators through the technique using the step-by-step method of instructions.
7. The instructor will then talk the students through the technique using the step-by-step method of instructions.
8. The instructor will have the student pairs "drill" the technique slowly, while observing the student pairs and illuminating any key points. Do not allow Soldiers to get ahead of the instruction.
9. As needed, the instructor will repeat steps three and four until students are proficient at the technique.

SECTION III. PRESENTATION

TLO - LSA 1. Learning Step / Activity TLO - LSA 1. Perform In-processing

Method of Instruction: Interviewing
Mode of Delivery: Resident Instruction
Instr Type (I:S Ratio): Military - ICH (1:12)
Time of Instruction: 1 hr
Media Type: Handout
Other Media: Unassigned
Security Classification: This course/lesson will present information that has a Security Classification of: FOUO – For Official Use Only.

Students will conduct In-processing by completing all documents in accordance with the SOP, and meet all prerequisites before being allowed to enter the Basic Combatives Course.

Check on Learning: Assess the Soldiers developing (skills/knowledge/situational awareness) by observation, question and Soldier explanations.

Review Summary: Facilitate brief discussion with students to determine if lesson objectives/concepts have been covered.

TLO - LSA 2. Learning Step / Activity TLO - LSA 2. Perform After Action Review

Method of Instruction: ELM - Publish and Process
Mode of Delivery: Resident Instruction
Instr Type (I:S Ratio): Military - ICH (1:12)
Time of Instruction: 1 hr
Media Type: Unassigned
Other Media: Unassigned
Security Classification: This course/lesson will present information that has a Security Classification of: FOUO – For Official Use Only.

Students will participant in a formal After Action Review providing positive and constructive comments that could be used to modify future lessons.

Check on Learning: Assess the Soldiers developing (skills/knowledge/situational awareness) by observation, question and Soldier explanations.

Review Summary: Facilitate brief discussion with students to determine if lesson objectives/concepts have been covered.

TLO - LSA 3. Learning Step / Activity TLO - LSA 3. Perform Out-processing

Method of Instruction: Reflective Discussion
Mode of Delivery: Resident Instruction
Instr Type (I:S Ratio): Military - NON-ICH (1:12)
Time of Instruction: 1 hr
Media Type: Conference
Other Media: Unassigned
Security Classification: This course/lesson will present information that has a Security Classification of: FOUO – For Official Use Only.

Complete all out-processing documents in accordance with student Individual Assessment Plan (ISAP), ensure student record are accurate and upated in DTMS and ATRRS appropriately.

Check on Learning:

Assess the Soldiers developing (skills/knowledge/situational awareness) by observation, question and Soldier explanations.

Review Summary:

Facilitate brief discussion with students to determine if lesson objectives/concepts have been covered.

TLO - LSA 4. Learning Step / Activity TLO - LSA 4. Perform Graduation

Method of Instruction: ELM - Apply

Mode of Delivery: Resident Instruction

Instr Type (I:S Ratio): Military - NON-ICH (1:12)

Time of Instruction: 30 mins

Media Type: Conference

Other Media: Unassigned

Security Classification: This course/lesson will present information that has a Security Classification of: FOUO – For Official Use Only.

All students meeting the course Outcome requirements will receive a Basic Combatives Course Certificate of Training signed by an O5 Lieutenant Colonel within their chain of command.

Check on Learning:

Assess the Soldiers developing (skills/knowledge/situational awareness) by observation, question and Soldier explanations.

Review Summary:

Facilitate brief discussion with students to determine if lesson objectives/concepts have been covered.

SECTION IV. SUMMARY

Method of Instruction:	Reflective Discussion
Mode of Delivery:	Resident Instruction
Instr Type(I:S Ratio):	Military - NON-ICH (1:12)
Time of Instruction:	20 mins

Check on Learning

Assess the Soldiers developing (skills/knowledge/situational awareness) by observation, question and Soldier explanations.

Review/Summary

Facilitate brief discussion with students to determine if lesson objectives/concepts have been covered.

SECTION V. STUDENT EVALUATION

Testing Requirements

NOTE: Refer to the Student Individual Assessment Plan (ISAP).

Feedback Requirements

Feedback is essential to effective learning. Instructor will give formative verbal feedback to students throughout the lesson. Schedule and provide feedback on the assessment/evaluation and any information to help answer Soldiers questions about the training exercise.

Appendix A - Viewgraph Masters

Administrative Basic Combatives 071-FRGAA001 / Version 02.0 ©

Sequence	Media Name	Media Type
None		

Appendix B - Assessment Statement and Assessment Plan

Assessment Statement: None.

Assessment Plan: None.

Appendix C - Practical Exercises and Solutions

PRACTICAL EXERCISE(S)/SOLUTION(S) FOR LESSON 071-FRGAA001 Version 02.0 ©

Appendix D - Student Handouts

Administrative Basic Combatives 071-FRGAA001 / Version 02.0 ©

Sequence	Media Name	Media Type
None		